

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Enjoy A Morning Walk* 1 10:00 Exercise AL MPR 1:00 "Helping Hands workshop IL MPR 3:00 Bingo IL MPR 6:30 Mexican Dominos * pool room	Enjoy A Morning Walk* 2 10:00 Exercise AL MPR 1:00 Activity meeting with Debbie/Connie IL MPR 3:00 Water Exercise 6:30 Chicken Foot (short game) IL Pool Room	Enjoy A Morning Walk* 3 10:00 Exercise AL MPR 10:00 Shopping in Rainbow City Area 1:00 Skip Bo in AL MPR 2:00 Therapeutic Coloring with Anne Komoroski in AL MPR 2:00 "Kick Back Friday" IL Lobby 6:30 Chicken Foot / Rook * IL MPR	FYI: ideas to fill your Saturday 4 Fun with The Wii* -IL MPR Game of Pool- IL Pool room Puzzle fun in- IL MPR or feel free to get a puzzle from the media room Call a friend to Chit Chat <small>Shavuot Begins</small>
Enjoy A Morning Walk* 5 9:00 Church Service IL MPR Rev. Bobby Bryant Attalla First Baptist Enjoy an Evening Walk 5:00 Coffee/ Chit Chat In IL Lobby	Enjoy A Morning Walk* 6 10:00 Exercise AL MPR 1:00 Walmart 3:45-4:30 Hymn Singing IL MPR 6:30 Black Jack IL MPR*	Enjoy A Morning Walk* 7 10:00 Exercise AL MPR 12:30 Trivia Tuesday -IL Piano 1:30 Bingo in AL MPR 3:00 Bible Study- AL MPR 3:00 Water Exercise 6:30 Rummikub- IL Card Room*	Enjoy A Morning Walk* 8 10:00 Exercise AL MPR 2:00 Penny auction with Rehab First- IL MPR 3:00 Bingo IL MPR 6:30 Mexican Dominos * pool room	Enjoy A Morning Walk* 9 10:00 Exercise AL MPR 1:45 Homemade Ice Cream AL Lobby 3:00 Water Exercise 6:30 Chicken Foot (short game) IL Pool Room	Enjoy A Morning Walk* 10 10:00 Exercise AL MPR 10:00 Shopping in Rainbow City Area 1:00 Skip Bo in AL MPR 2:00 Therapeutic Coloring with Anne Komoroski in AL MPR 2:00 "Kick Back Friday" IL Lobby 6:30 Chicken Foot / Rook * IL MPR	FYI: ideas to fill your Saturday 11 Fun with The Wii* -IL MPR Game of Pool- IL Pool room Puzzle fun in- IL MPR or feel free to get a puzzle from the media room Call a friend to Chit Chat
Enjoy A Morning Walk* 12 9:00 Church Service IL MPR Rev. Mike Aldridge Enjoy an Evening Walk 5:00 Coffee/ Chit Chat In IL Lobby	Enjoy A Morning Walk* 13 10:00 Exercise AL MPR 10:00 Grocery Shopping/Bank 1:00 TJ Maxx Area 3:45-4:30 Hymn Singing IL MPR 6:30 Black Jack IL MPR*	Early Morning Walk 14 10:00 Exercise AL MPR 1:00 Flag Day Fun IL MPR 1:30 Bingo in AL MPR 3:00 Bible Study AL MPR 3:00 Water Exercise <small>Flag Day (US)</small>	Enjoy A Morning Walk* 15 10:00 Exercise AL MPR 1:00 "Helping Hands workshop IL MPR 2:00 Penny Auction John Kindred-IL MPR 3:00 Bingo IL MPR	Enjoy A Morning Walk* 16 10:00 Exercise AL MPR 2:00 Line Dance- IL MPR 3:00 Water Exercise 6:30 Chicken Foot (short game) IL Pool room*	Enjoy A Morning Walk* 17 10:00 Exercise AL MPR 10:00 Shopping in Rainbow City Area 1:00 Skip Bo in AL MPR 2:00pm Floats for Father's Day (for the Guys) IL Piano area 2:00 "Kick Back Friday" IL Lobby 6:30 Chicken Foot / Rook * IL MPR	FYI: ideas to fill your Saturday 18 Fun with The Wii* -IL MPR Game of Pool- IL Pool room Puzzle fun in- IL MPR or feel free to get a puzzle from the media room Call a friend to Chit Chat
Enjoy A Morning Walk* 19 9:00 Church Service IL MPR Rev. Lauil Thompson Southside Baptist Enjoy an Evening Walk 5:00 Coffee/ Chit Chat In IL Lobby <small>Father's Day Juneteenth</small>	Enjoy A Morning Walk* 20 10:00 Grocery Shopping/Bank 10:00 Exercise AL MPR 1:00 Walmart 2:30 Learn to Line Dance AL MPR 3:45-4:30 Hymn Singing IL MPR 6:30 Black Jack IL MPR*	Early Morning Walk 21 10:00 Exercise AL MPR 12:30 Trivia Tuesday-Piano 1:30 Bingo in AL MPR 3:00 Water Exercise 3:00 Bible Study AL MPR 6:30 Rummikub- IL Card Room* <small>Summer Begins</small>	Enjoy A Morning Walk* 22 10:00 Exercise AL MPR 11:00 Lunch Barney's Roadhouse 1:00 "Helping Hands workshop IL MPR 2:00 Penny Auction- John/ Kindred IL MPR 3:00 Bingo IL MPR 6:30 Mexican Dominos* pool room	Enjoy A Morning Walk* 23 10:00 Exercise AL MPR 1:45 Homemade Ice Cream AL Lobby 3:00 Water Exercise 6:30 Chicken Foot (short game) * IL Pool Room	Enjoy A Morning Walk* 24 10:00 Exercise AL MPR 10:00 Shopping in Rainbow City Area 2:00 Therapeutic Coloring with Anne Komoroski in AL MPR 2:00 "Kick Back Friday" IL Lobby 6:30 Chicken Foot / Rook * IL MPR	FYI: ideas to fill your Saturday 25 Fun with The Wii* -IL MPR Game of Pool- IL Pool room Puzzle fun in- IL MPR or feel free to get a puzzle from the media room Call a friend to Chit Chat
Enjoy A Morning Walk* 26 9:00 Church Service IL MPR Rev. Larry Fuhrman First Baptist Gadsden Enjoy an Evening Walk 5:00 Coffee/ Chit Chat In IL Lobby	Enjoy A Morning Walk* 27 10:00 Grocery Shopping/Bank 10:00 Exercise AL MPR 1:00 Shopping Hobby Lobby Area 2:30 Learn to Line Dance AL MP 3:45-4:30 Hymn Singing IL MPR	Early Morning Walk 28 10:00 Exercise AL MPR 12:30 Trivia Tuesday-Piano 1:30 Bingo in AL MPR 3:00 Water Exercise 3:00 Bible Study AL MPR 6:30 Rummikub- IL Card Room*	Enjoy A Morning Walk* 29 10:00 Exercise AL MPR 2:00 Monthly Birthday Party Everyone welcome IL MPR 6:30 Mexican Dominos* pool room	Enjoy A Morning Walk* 30 10:00 Exercise AL MPR 2:00 Line Dance- IL MPR 3:00 Water Exercise 6:30 Chicken Foot (short game) * IL Pool Room	Calendar is subject to change. See Bulletin Boards for any changes. If you have any questions, concerns, or suggestions, please see Debbie	

IL= independent AL= assisted living MPR= multipurpose room Red print is resident led programs Green-Trips out of community- Please sign up for all trips out of the community 256-442-7709

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>Enjoy A Morning Walk* 5</p> <p>9:00 Church Service IL MPR Rev. Bobby Bryant Attalla First Baptist</p> <p>Enjoy an Evening Walk</p> <p>5:00 Coffee/ Chit Chat In The Lobby*</p>	<p>6</p> <p>10:00 Exercise AL MPR</p> <p>1:00 Walmart</p> <p>3:45-4:30 Hymn Singing IL MPR</p> <p>6:30 Black Jack IL MPR*</p>	<p>7</p> <p>Early Morning Walk 9:15 Coffee / Pastry IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>12:30 Trivia Tuesday-Piano</p> <p>3:00 Bible Study AL MPR</p> <p>3:00 Water Exercise 6:30 Rummikub- IL Card Room* 6:30 Bridge IL MPR*</p>	<p>Enjoy A Morning Walk* 8</p> <p>10:00 Exercise AL MPR</p> <p>2:00 Penny Auction Rehab First- IL MPR</p> <p>3:00 Bingo IL MPR</p> <p>6:30 Mexican Dominos* pool room</p>	<p>Enjoy A Morning Walk* 9</p> <p>9:15 Coffee/ Chit Chat IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>2:00 Homemade Ice Cream in IL Lobby</p> <p>3:00 Water Exercise</p> <p>6:30 Chicken Foot (short game) IL Pool room*</p>	<p>Enjoy A Morning Walk* 10</p> <p>10:00 Exercise AL MPR</p> <p>10:00 Shopping in Rainbow City Area 1:00 Skip Bo in AL MPR</p> <p>2:00 Therapeutic Coloring with Anne Komoroski in AL MPR</p> <p>2:00 "Kick Back Friday" IL Lobby</p> <p>6:30 Chicken Foot / Rook * IL MPR</p>	<p>FYI: ideas to fill your Saturday 11</p> <p>Fun with The Wii* -IL MPR</p> <p>Game of Pool- IL Pool room</p> <p>Puzzle fun in- IL MPR or feel free to get a puzzle from the media room</p> <p>Ask the concierge to get cornhole boards out</p> <p>Call a friend to Chit Chat</p>
<p>Enjoy A Morning Walk* 12</p> <p>9:00 Church Service IL MPR Rev. Mike Aldridge</p> <p>Enjoy an Evening Walk</p> <p>5:00 Coffee/ Chit Chat In The Lobby*</p>	<p>13</p> <p>10:00 Grocery Shopping/Bank</p> <p>10:00 Exercise AL MPR</p> <p>1:00 TJ Maxx area</p> <p>2:00 Line Dance- IL MPR</p> <p>3:45-4:30 Hymn Singing IL MPR</p> <p>6:30 Black Jack IL MPR*</p>	<p>14</p> <p>Early Morning Walk 9:15 Coffee / Pastry IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>1:00 Flag Day Fun IL MPR</p> <p>3:00 Bible Study AL MPR 3:00 Water Exercise</p> <p>6:30 Rummikub- IL Card Room* 6:30 Bridge IL MPR*</p> <p style="text-align: center;">Flag Day (US)</p>	<p>Enjoy A Morning Walk* 15</p> <p>10:00 Exercise AL MPR</p> <p>2:00 Penny Auction- John/ Kindred IL MPR</p> <p>3:00 Bingo IL MPR</p> <p>6:30 Mexican Dominos* pool room</p>	<p>Enjoy A Morning Walk* 16</p> <p>9:15 Coffee/ Chit Chat IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>2:00 Line Dance- IL MPR</p> <p>3:00 Water Exercise</p> <p>6:30 Chicken Foot (short game) IL Pool room*</p>	<p>Enjoy A Morning Walk* 17</p> <p>10:00 Exercise AL MPR</p> <p>10:00 Shopping in Rainbow City Area 2:00pm Floats for Father's Day (for the Guys) IL Piano area</p> <p>2:00 Therapeutic Coloring with Anne Komoroski in AL MPR</p> <p>2:00 "Kick Back Friday" IL Lobby</p> <p>6:30 Chicken Foot / Rook * IL MPR</p>	<p>FYI: ideas to fill your Saturday 18</p> <p>Fun with The Wii* -IL MPR</p> <p>Game of Pool- IL Pool room</p> <p>Puzzle fun in- IL MPR or feel free to get a puzzle from the media room</p> <p>Ask the concierge to get cornhole boards out</p> <p>Call a friend to Chit Chat</p>
<p>Enjoy A Morning Walk* 19</p> <p>9:00 Church Service IL MPR Rev. Lauil Thompson Southside Baptist</p> <p>Enjoy an Evening Walk</p> <p>5:00 Coffee/ Chit Chat In The Lobby* Father's Day Juneteenth</p>	<p>20</p> <p>10:00 Exercise AL MPR</p> <p>1:00 Walmart</p> <p>2:00 Line Dance- IL MPR</p> <p>3:45-4:30 Hymn Singing IL MPR</p> <p>6:30 Black Jack IL MPR*</p>	<p>21</p> <p>Early Morning Walk 9:15 Coffee / Pastry IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>12:30 Trivia Tuesday-Piano</p> <p>3:00 Bible Study AL MPR 3:00 Water Exercise</p> <p>6:30 Rummikub- IL Card Room* 6:30 Bridge IL MPR*</p> <p style="text-align: center;">Summer Begins</p>	<p>Enjoy A Morning Walk* 22</p> <p>10:00 Exercise AL MPR</p> <p>11:00 Lunch Barney's Roadhouse-Gadsden</p> <p>1:00 "Helping Hands workshop IL MPR</p> <p>3:00 Bingo IL MPR</p> <p>6:30 Mexican Dominos* pool room</p>	<p>Enjoy A Morning Walk* 23</p> <p>9:15 Coffee/ Chit Chat IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>2:00 Homemade Ice Cream in IL Lobby</p> <p>3:00 Water Exercise</p> <p>6:30 Chicken Foot (short game) IL Pool room*</p>	<p>Enjoy A Morning Walk* 24</p> <p>10:00 Exercise AL MPR</p> <p>10:00 Shopping in Rainbow City Area 1:00 Skip Bo in AL MPR</p> <p>2:00 Therapeutic Coloring with Anne Komoroski in AL MPR</p> <p>2:00 "Kick Back Friday" IL Lobby</p> <p>6:30 Chicken Foot / Rook * IL MPR</p>	<p>FYI: ideas to fill your Saturday 25</p> <p>Fun with The Wii* -IL MPR</p> <p>Game of Pool- IL Pool room</p> <p>Puzzle fun in- IL MPR or feel free to get a puzzle from the media room</p> <p>Ask the concierge to get cornhole boards out</p> <p>Call a friend to Chit Chat</p>
<p>Enjoy A Morning Walk* 26</p> <p>9:00 Church Service IL MPR Rev. Larry Fuhrman First Baptist Gadsden</p> <p>Enjoy an Evening Walk</p> <p>5:00 Coffee/ Chit Chat In The Lobby*</p>	<p>27</p> <p>10:00 Grocery Shopping/Bank</p> <p>10:00 Exercise AL MPR</p> <p>1:00 Hobby Lobby area</p> <p>2: 00 Line Dance- IL MPR</p> <p>3:45-4:30 Hymn Singing IL MPR</p> <p>6:30 Black Jack IL MPR*</p>	<p>28</p> <p>Early Morning Walk 9:15 Coffee / Pastry IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>12:30 Trivia Tuesday-Piano</p> <p>3:00 Bible Study AL MPR 3:00 Water Exercise</p> <p>6:30 Rummikub- IL Card Room* 6:30 Bridge IL MPR*</p>	<p>Enjoy A Morning Walk* 29</p> <p>10:00 Exercise AL MPR</p> <p>2:00 Monthly Birthday Party in IL MPR</p> <p>6:30 Mexican Dominos* pool room</p>	<p>Enjoy A Morning Walk* 30</p> <p>9:15 Coffee/ Chit Chat IL Lobby</p> <p>10:00 Exercise AL MPR</p> <p>2:00 Line Dance- IL MPR</p> <p>3:00 Water Exercise</p> <p>6:30 Chicken Foot (short game) IL Pool room*</p>	<p>Calendar is subject to change. See Bulletin Boards for any changes. If you have any questions, concerns, or suggestions, please see Debbie</p>	

IL= independent AL= assisted living MPR= multipurpose room Red print is resident led programs Green-Trips out of community- Please sign up for all trips out of the community 256-442-7709